

**GENERAL ADVICE ON SEEKING ACCOMMODATION  
FOR SHORT TERM CONVALESCENCE, RESPITE CARE  
OR A HOLIDAY BREAK**

**INTRODUCTION**

1. This paper has been prepared to assist those seeking accommodation for short term convalescence, respite care or a holiday break.
2. It is quite impracticable for the Association to maintain an up to date register of such accommodation covering the whole of the United Kingdom. Furthermore it is regretted that the Association is not able to search for suitable accommodation on an enquirer's behalf but it is hoped that the following guidance information and the attached list will enable those seeking a place to find what they need. Entries are necessarily very brief. For most of the places listed a telephone number is given and it is suggested that a preliminary call is made for a brochure and to see whether it is worthwhile making a detailed written enquiry or application.

**GENERAL**

3. There are some Homes run by Service Charities and a number of others run by certain Voluntary and Private Organisations, with whom the Association has close liaison. Many others are listed in greater detail in the National Directory published by the Independent Hospitals Associations. Your GP, local hospital or Citizens' Advice Bureau may hold a copy.

4. Help in finding Private Care Homes offering short term accommodation can also be obtained from the following Agencies, which are experienced and sympathetic especially to the problems of the elderly:-

**Nationally**

- a. Counsel and Care for the Elderly  
Twyman House  
16 Bonny Street  
LONDON  
NW1 9PG

TEL: 020 7241 8555 Fax: 020 7267 6877  
Email: [advice@counselandcare.org.uk](mailto:advice@counselandcare.org.uk)  
Web: [www.counselandcare.org.uk](http://www.counselandcare.org.uk)

- b. GRACE CONSULTING  
Orchard House  
Albury  
GUILDFORD  
Surrey GU5 9AJ

TEL: 01483 203066  
Email: [enquiries@graceconsulting.co.uk](mailto:enquiries@graceconsulting.co.uk)  
Website: [www.grace-care.co.uk](http://www.grace-care.co.uk)

5. Details of local Care Homes accepting short-stay patients can also be obtained from the Social Services Department of local Authorities, Medical Social Workers in Hospitals, local branches of the Red Cross, Citizens' Advice Bureaux and the Yellow Pages.

6. **HOLIDAYS FOR THE DISABLED**

RADAR (The Royal Association for Disability & Rehabilitation)  
12 City Forum  
250 City Road  
LONDON  
EC1V 8AF

Tel: 020 7250 3222 Email: [radar@radar.org.uk](mailto:radar@radar.org.uk)  
Fax: 020 7250 0212 Website: [www.radar.org.uk](http://www.radar.org.uk)  
Minicon: 020 7250 4119

Radar produces annual "Holidays in Britain & Ireland: a Guide for Disabled People" which can be ordered from RADAR. The accommodation entries give information on the accessibility and facilities for disabled guests.

## 7. ATTACHED LISTS

Two lists are attached at **Annexes A & B**.

**Annex A** covers general convalescence for a wide range of conditions and holiday accommodation.

**Annex B** lists places which can provide facilities particularly for the severely disabled.

## FINANCIAL

8. Fees are not quoted in the attached list and applicants are advised to check with the Home by telephone concerning current charges and vacancies. This is particularly important during the summer months. The organisations in paragraphs 4 & 5 above may be able to quote reasonably up-to-date fee levels for places they suggest but it would still be prudent to check the latest position direct with the Home.
9. **Respite Health Care** provided by the local Primary Care Trust is provided free through the NHS. **Respite Care** can be arranged by the local authority social services for which you may have to pay.
10. The Officers' Association will consider financial assistance towards costs in needy cases and an application form will be supplied on request. **Applications must be supported by a Doctor's letter.**
11. When such assistance is provided, a further holiday request will not normally be considered for at least 18 months, though requests for assistance with post-hospital convalescence medically prescribed or to enable a carer of a severely disabled person to have a respite break will be considered on their merits at any time.

## LONG TERM ACCOMMODATION

12. This paper only covers short term accommodation requirements. The Association also produces, and can provide on request, companion papers about finding (a) long-term residential care or nursing homes and (b) sheltered accommodation for the elderly.
13. The Association regrets that it cannot guarantee the up-to-date accuracy of the details given in this paper. If any inaccuracies are found, particularly of major significance, early notification would be appreciated so that prompt corrective action can be taken.

- **ANNEX A**

**CONVALESCENT HOMES AND HOLIDAY ACCOMMODATION**

**ANCASTER BLESMA HOME**

Alligan Road  
CRIEFF  
Perthshire PH7 3JU.

TEL: 01764 652480-  
FAX: 01764 652550  
Email: [crieff@blesma.org](mailto:crieff@blesma.org)

A Home for limbless Ex-Servicemen and women and a limited number of other War Pensioners & War Widows, for convalescence and routine holidays. Wives can accompany their husbands and War Widows may bring a female companion. The home has 46 beds of which up to 23 may be in use by Permanent Residents.

**ARTHUR HOUSE RESIDENTIAL CARE HOME**

110 Arthur Road  
Wimbledon Park  
LONDON SW19 8AA.

TEL: 020 8947 1218  
FAX: 020 8944 5390

Offers men and women who are in need of residential care a friendly caring atmosphere.

**BEGGARS ROOST NURSING HOME**

Old Park Lane  
Fishbourne,  
CHICHESTER  
West Sussex PO18 8AP.  
TEL: 01243 573750

Email: [beggars.roost@colvillecare.co.uk](mailto:beggars.roost@colvillecare.co.uk)  
[www.colvillecare.co.uk](http://www.colvillecare.co.uk)

Beggars Roost offers a dedicated respite room, which can be booked up to six months in advance. The room benefits from an ensuite shower room, fridge and telephone with direct dial telephone number.

For further details please apply to Karen Curd, Matron.

**THE BEECHES NURSING & RESIDENTIAL HOME**

45 Wordsworth Road  
WORTHING  
West Sussex BN11 3JB.

TEL: 01903 239875  
FAX: 01903 217668  
Email: [thebeechesnursinghome.co.uk](mailto:thebeechesnursinghome.co.uk)  
Web: [www.thebeechesnursinghome.co.uk](http://www.thebeechesnursinghome.co.uk)

The Beeches is privately owned and has a team of trained staff. We are registered with 41 beds, all en suite.

Offers Convalescent respite care and holiday breaks.

**BERKELEY LODGE**

42 Shelley Road  
WORTHING  
West Sussex  
BN11 4DA

TEL: 01903 235111  
FAX: 01903 823615

For Men and women requiring short or long term care, including post-operative recovery and terminal illness. They have 39 single rooms all with bath and WC.

Please apply to the Matron.

**BEVAN PARK**

Lakeside, Chapel Road  
Hothfield  
ASHFORD  
Kent  
TN25 4LN.

TEL: 01233 713546  
FAX: 01233 71362

Convalescent, respite and holiday stays in Ashford in Kent and Winchester and Bath.

**BIRDSGROVE CARE HOME**

Warfield Road  
BRACKNELL  
Berkshire  
RG12 2JA.

TEL: 01344 422261  
FAX: 01344 423629  
Email: [jslater@asterhealthcare.co.uk](mailto:jslater@asterhealthcare.co.uk)

Total of 87 beds, bedrooms: single & sharing. 24 hour nursing care. Lift. All rooms have: Nurse call facility, telephone point, colour TV. Some rooms have en suite facilities.

**THE BLESMA HOME  
FOR LIMBLESS EX-SERVICE MEN**

539 Lytham Road  
BLACKPOOL  
Lancashire  
FY4 1RA

TEL: 01253 343313  
FAX: 01253 408994  
Email: [managerblackpool@blesma.org](mailto:managerblackpool@blesma.org)  
Web: [www.blackpool@blesma.org](http://www.blackpool@blesma.org)

A home for limbless Ex-Service men and women and a limited number of other War Pensioners & War Widows, for convalescence and routine holidays. Wives can accompany their husbands and War Widows may bring a female companion. The home has 47 beds, but up to 30 may be in use by permanent residents. All the rooms have en suite bath and toilet facilities. There are also 9 nursing beds.

Please apply to the Manager.

## **BOND HOTEL**

120 Bond Street  
BLACKPOOL  
FY4 1HG

Tel: 01253 341218

Email: [reception@bondhotel.co.uk](mailto:reception@bondhotel.co.uk)

Web: [www.bondhotel.co.uk](http://www.bondhotel.co.uk)

The Bond Hotel is a specialist hotel in Blackpool catering solely for guests who are disabled, have learning difficulties or specialist requirements. We have 65 bedrooms most have full disabled access, level access showers, grab rails, ceiling hoists, electric beds, raised toilet seats and electric hoists are some of the facilities we have to offer. Although in principle we cater for people with disabilities (ie 40 disabled 60 carers) this creates a lively and fantastic atmosphere thus not giving the impression of a total disabled hotel. We also provide short or long term accommodation / holidays for clients that may be moving home or having work done at their home necessitating them to need to move out on a temporary basis.

## **BRAMBLES RESPITE CARE CENTRE**

Suffolk Close  
Massetts Road  
HORLEY  
Surrey  
RH6 7DU

TEL: 01293 771644

FAX: 01293 784478

Email: [jgroves@brambles.org.uk](mailto:jgroves@brambles.org.uk)

Brambles provides 24 hour nursing and residential respite care for people with MS and is owned by the Multiple Sclerosis Society. Nursing and Care Staff are trained to understand the needs of people with MS.

Brambles is a purpose built single storey building with 28 beds in single rooms. Other facilities include a physiotherapy department and hydrotherapy pool with qualified physiotherapists.

Spare capacity at the centre will be made available to people who are diagnosed with a related Neurological Degenerative Condition (non injury)

## **THE CHASELEY TRUST**

South Cliff  
EASTBOURNE  
East Sussex  
BN20 7JH

TEL: 01323 744200

FAX: 01323 744208

Web: [www.chaseley.org.uk](http://www.chaseley.org.uk)

Chaseley is a nursing home for people aged 18 plus with severe physical disabilities. Founded as a home for paralysed servicemen in 1946, Chaseley still give priority to disabled war veterans. We offer day care from Monday to Saturday, outpatient therapy services and tailored respite and rehabilitation care packages. We can provide assessments of seating, cognition and speech, language and swallowing, explore physiotherapy and occupational therapy options, consider adaptations of equipment and make recommendations, and offer a counselling service for those in need. There is an adjacent hotel and other accommodation options nearby to enable family to enjoy a seaside break with their relative.

Please apply to:

Mrs Helena Barrow (Registered Manager)

Registered Charity No: 1090579

## **THE CHASELEY TRUST – Cont.....**

Rehabilitation is offered to those recovering from spinal injury, Acquired Brain Injury and stroke, and we are experienced in caring for those with Multiple Sclerosis, Parkinson's Disease, Motor Neurone Disease, Cerebral Palsy and many other complex neurological and physical conditions. We cater for a wide age range and a variety of activities and outings are organised, catering for all levels of ability. We have a spacious restaurant, a computer centre, an art studio, a variety of lounge areas, a café/bar and function rooms (which can be hired) and a lovely garden overlooking the sea. Financial assistance for respite care may be available to Veterans with limited means.

## **ST DOMINICS RESIDENTIAL HOME**

London Road  
Kelvedon  
Nr COLCHESTER  
Essex CO5 9AP  
TEL: 01376 570359  
Website: [www.stdominicsrh.co.uk](http://www.stdominicsrh.co.uk)

38 single rooms with en suites. We provide 24 hour long term or respite care for the elderly. We have two residents' lounges, a panoramic conservatory and extensive landscaped gardens. Please contact us by telephone or via our website to request a brochure.

## **ERSKINE**

BISHOPTON  
Renfrewshire  
PA7 5PU  
  
TEL: 0141 812 1100  
FAX: 0141 814 4571  
Email: [enquiries@erskine.org.uk](mailto:enquiries@erskine.org.uk)  
Web: [www.erskine.org.uk](http://www.erskine.org.uk)

For ex-members, men and women, and all ranks of HM Forces and of active service in the Merchant Navy. They had 340 beds for long term, dementia and respite nursing home care. Homes are in Bishopton, Erskine, Edinburgh and Glasgow.

Please apply to the Admissions Manager.

### **FIELD LANE FOUNDATION**

16 Vine Hill  
LONDON  
EC1R 5EA

TEL: 020 7837 0412  
FAX: 020 7278 4312

Registered Charity No: 207493

Field Lane is a Christian charity that is committed to providing innovative accommodation, care and support services for families who are homeless, older people and people with disabilities. All our homes provide excellent and dignified person-centred support and care that promotes choice, opportunity and independence for our residents. We also provide high quality respite care and day care for people with dementia. Please contact us for further information.

### **FRIENDLY SOCIETIES CONVALESCENT HOME**

16 Reculver Road  
HERNE BAY  
Kent CT6 6 LE

TEL: 01227 374083  
FAX: 01227 742429  
Email: [admin@friendlyhome.co.uk](mailto:admin@friendlyhome.co.uk)  
Web: [www.friendlyhome.co.uk](http://www.friendlyhome.co.uk)

The Home has an 'Open to All' policy for men and women over 18 years of age who are in need of convalescence following hospital discharge after illness or operation or a recuperative break following illness, bereavement, and for respite care. We offer no nursing or carer facilities, guests must be self-caring, and be able to wash, dress and use the toilet un-aided.  
Apply to the Administrator

### **HOLY CROSS HOSPITAL**

HASLEMERE  
Surrey  
GU27 1NQ

TEL: 01428 643311  
FAX: 01428 644007  
Email: [info@holycross.org.uk](mailto:info@holycross.org.uk)  
Web: [www.holycross.org.uk](http://www.holycross.org.uk)

Registered by the Healthcare Commission as an Independent Hospital and specialising in the treatment of long term medical conditions particularly physical disability resulting from illness or injury. Conditions treated include head injuries, strokes and related conditions, degenerative illnesses such as Motor Neurone Disease and Huntingdon's Disease and associated conditions including pressure ulcers, management of ventilators and tracheostomies. Rehabilitation services for people recovering from operations or injuries. The Hospital has 40 single bed rooms and therapy facilities in a purpose-built modern building. Arrangements may be made for long or short term treatment and respite care is offered. Enquiries to the Director of Clinical Services.

**'HUNTLY'**  
**THE OFFICERS' ASSOCIATION**  
**COUNTRY HOME**

Forder Lane  
BISHOPSTEIGNTON  
Devon

Enquiries to the House Governor at Huntly.:  
TEL: 01626 775223  
FAX: 01626 779241  
e-mail: [huntly1@officersassociation.org.uk](mailto:huntly1@officersassociation.org.uk)  
or [huntly2@officersassociation.org.uk](mailto:huntly2@officersassociation.org.uk)

**THE LEONARD CHESHIRE**  
**FOUNDATION**  
**PARK HOUSE HOTEL**

Sandringham  
KING'S LYNN  
Norfolk  
PE35 6EH

TEL: 01485 543000  
FAX: 01485 540663  
Email: [parkinfo@LCDisability.org](mailto:parkinfo@LCDisability.org)  
[www.parkhousehotel.org.uk](http://www.parkhousehotel.org.uk)

**LIVABILITY**  
**JANE HODGE HOTEL**

Trerhyngyll  
NR COWBRIDGE  
South Glamorgan  
CF71 7TN

TEL: 01446 772608  
FAX: 01446 775831

**MANOR BARN NURSING HOME**

Appledram Lane South  
Fishbourne  
CHICHESTER  
West Sussex  
PO20 7PE  
TEL: 01243 781490

Sheltered accommodation, for single male and female ex-officers of HM Armed Forces and their widows/widowers. Set in its own magnificent grounds in the small village of Bishopsteignton overlooking the Teign estuary in South Devon, Huntly accommodates some 30 residents in ensuite accommodation, with all meals provided. Huntly is available for convalescence and respite breaks.

Park House is a country house hotel with a difference. An in-house care team ensures that every guest has the opportunity to enjoy a completely relaxing and revitalising holiday, with or without their carer or companion; from full personal care to a helping hand when required, or simply peace of mind knowing someone is available if needed. All rooms en-suite, 8 single/8 twin, specialist equipment, activities and entertainment available.

This award winning Hotel, in the beautiful Vale of Glamorgan, is a hotel with a Difference. It brings together the finest features of a modern hotel with the facilities and services needed by able bodied and physically disabled people. The hotel boasts an outstanding range of sporting activities together with a swimming pool, spa bath, sauna, mutli gym and tennis courts. The hotel is built entirely on one level so that every part of the complex is accessible. All rooms, whether single, twin, double and family are en-suite with TV, radio, telephone and tea and coffee making facilities.

For men and women seeking short or long-term care medical, geriatric, post-operative, convalescence and terminal care. Holiday patients also welcome. They have 32 beds, 16 singles and 16 doubles. The home is situated in the western periphery of Chichester City in an area of outstanding natural beauty.

### **PENTLANDS NURSING HOME**

42 Mill Road  
WORTHING  
West Sussex  
BN11 5DU

TEL: 01903 247211

For men and women seeking short or long term care, including post operative recovery and terminal illness. They have particular expertise in cancer, ostomies and skin diseases. They have 32 single rooms all with en suite bathrooms.

Please apply to the Matron.

### **PHILBEACH**

Tanners Hill  
HYTHE  
Kent CT21 5UE.

TEL: 01303 262421  
FAX: 01303 261987

For elderly men and women seeking residential or nursing care, respite care or a holiday break.

32 nursing beds, 37 residential beds in single and double rooms. 6 ensuite single rooms.

Apply to: General Manager/Matron

### **THE QUEEN ALEXANDRA HOSPITAL HOME**

Boundary Road  
WORTHING  
West Sussex  
BN11 4LJ  
TEL: 01903 213458

Email: [ceo@qahh.org.uk](mailto:ceo@qahh.org.uk)  
Web: [www.qahh.org.uk](http://www.qahh.org.uk)

Permanent and/or Respite Nursing and Rehabilitation care for physically disabled ex Service men and women; 60 beds; multi disciplinary nursing and rehabilitation staff; Physio; Speech and Occupational therapy.

### **THE REST**

Convalescent Holiday Home  
Rest Bay  
PORTHCAWL  
Bridgend  
CF36 3UP.

TEL: 01656 772066  
Fax: 01656 773871  
Web: [www.theresthotel.co.uk](http://www.theresthotel.co.uk)

Friendly caring holiday atmosphere. Spacious and comfortable lounges, refurbished dining areas. Special diets catered for. Most of the 53 bedrooms have sea views, many with en suite bathrooms. Limited ground floor accommodation, but a lift serves all floors.

### **RNIB – KATHLEEN CHAMBERS HOUSE**

97 Berrow Road  
BURNHAM ON SEA  
Somerset  
TA8 2PG

Tel: 01278 782142  
Fax: 01278 782673  
Web: [www.rnib.org.uk](http://www.rnib.org.uk)

Kathleen Chambers House is a residential home for visually impaired or deaf/blind older people, providing double and single rooms with en suite facilities, home cooked meals, accessible gardens, conservatory overlooking the garden, some leisure activities.

For further details contact Steph or Margaret.

**THE ROYAL BRITISH LEGION**  
**POPPY BREAK CENTRES**

ALDERSON HOUSE – Bridlington, East Riding of Yorkshire

BENNETT HOUSE – Portrush, Co Antrim, Northern Ireland

BYNG HOUSE – Southport, Merseyside

SOMERSET LEGION HOUSE - Weston-Super-Mare, Somerset

Allocation of the Centre is by catchment area which comprises Counties surrounding the Centre, so as to make travel less strenuous.

A hotel environment for a one or two week break providing rest and relaxation for those recovering from an illness, bereavement, or other major life-affecting event.

Poppy Break Centres do not provide assistance with nursing, personal care or medication, guests who may require this level of care are still welcome if their needs can be safely provided by an accompanying carer.

Application forms are to be completed with the help of a trained Caseworker

For further information call Legionline on 08457 725 725

**THE ROYAL STAR & GARTER HOME**

Richmond Hill

RICHMOND UPON THAMES

Surrey

TW10 6RR

Tel: 020 8439 8000

Website: [www.starandgarter.org](http://www.starandgarter.org)

Applications to the Admissions Manager

The Royal Star and Garter homes provide nursing care for disabled ex-Service men and women, and the widows, spouses and partners of ex-Service people. Our Richmond Home can accommodate 60 residents and this August we will be opening our new nursing home in Solihull, also for 60 residents and including a 15 bed dementia care wing. Most of our residents are elderly. Both homes offer short breaks as well as permanent places. Our Richmond Home recently achieved a 3-star excellent rating from CSCI – the body which monitors care home standards. For admissions details please contact: 0208 439 8000(Richmond) and 0800 170 1100(Solihull)

## **ST PETER & ST JAMES NURSING HOME**

North Common Road  
North Chailey  
LEWES  
E Sussex BN8 4ED

TEL: 01444 471598  
FAX: 01444 471088  
Email: [enquiries@stpeter-stjames.org.uk](mailto:enquiries@stpeter-stjames.org.uk)  
Web: [www.stpeter-stjames.org.uk](http://www.stpeter-stjames.org.uk)

## **VITALISE (Formerly Winged Fellowship Trust)**

JUBILEE LODGE (36 Beds - 26 single  
Grange Farm - 5 twin  
High Road  
CHIGWELL, Essex IG7 6DP.

NETLEY WATERSIDE HOUSE  
Abbey Hill (38 rooms – 6 Twin, 21  
Netley Abbey Single & 2 suites).  
SOUTHAMPTON, Hants SO13 5FA

SANDPIPERS (38 rooms (30 single and  
Fairway 4 twin rooms).  
SOUTHPORT, Merseyside PR9 OLA.

SKYLARKS (26 single and 5 Twin  
Adbolton Lane rooms)  
West Bridgford, NOTTINGHAM NG2 5AS.

CHURCHTOWN (5 Twin and 10 Single  
Lanlivery rooms)  
BODMIN, Cornwall, PL30 5BT

Full nursing care for physically disabled, post operative and chronic sick. 14 single rooms, including 1 Respite room.

Most rooms are south facing with a view of the South Downs. All food cooked on premises.

Full time consultant in Palliative care – Part time Physiotherapist, Welfare Officer, Counsellors and Chaplaincy in post.

Recognised as being a Preferred Provider by the MS Society.

Short breaks for physically disabled adults at purpose-built Centres. Four offer 24-hour specialist nursing care on-call and all provide personal support. There is a choice of activities, excursions and entertainment every week and some dedicated Alzheimer's and MS Society weeks. Under 18s and adults with physical, sensory or learning disabilities are catered for at Churchtown. Centres are NOT suitable for guests who are bed-dependent, or who have uncontrolled epilepsy or mental health difficulties. Length of stay is 1 or 2 weeks February – December (year-round at Netley)

For bookings and enquiries please contact:  
Vitalise, 12 City Forum, 250 City Road,  
London EC1V 8AF  
Tel: 0845 345 1972

Fax: 0845 345 1978  
Bookings email: [bookings@vitalise.org.uk](mailto:bookings@vitalise.org.uk)  
Information email: [info@vitalise.org.uk](mailto:info@vitalise.org.uk)  
Website: [www.vitalise.org.uk](http://www.vitalise.org.uk)

## **THE HOMES ON THIS PAGE ARE FOR RAF PERSONNEL ONLY**

### **PRINCESS MARINA HOUSE FOR RAF ONLY**

Seafield Road  
RUSTINGTON  
West Sussex  
BN16 2JG

For bookings ring: 020 7307 3359

RAFBF Care Home offering short recuperative or respite breaks in single and double rooms, all with en-suite facilities and many with sea view. Caters for serving and former RAF Personnel and their adult dependants. Normal stay up to 2 weeks. Fees assessed according to individual circumstances. Disabled access and lifts. Wide range of social activities and outings.

### **ALASTREAN HOUSE FOR RAF ONLY**

Tarland  
ABOYNE  
Aberdeenshire  
AB34 4TA

For applications ring: 01339 881235

Email:

[manageralastrean@balhousiecare.co.uk](mailto:manageralastrean@balhousiecare.co.uk)

Previously an RAFBF Home, now leased from the MacRobert Trust by a Scottish Care provider, Balhousie Care Ltd. There are up to 15 beds for use by RAFBF beneficiaries offering both short and long-term care, with or without nursing. If an applicant is funded by the local authority, the RAF Benevolent Fund can assist by topping-up to help bridge part, or in some cases all the shortfall between what the local authority will pay and the actual cost of care.

### **ROTHBURY HOUSE FOR RAF ONLY**

Rothbury  
MORPETH  
Northumberland  
NE65 1TU

For bookings ring: 01669 620235

Short-term care Home in joint RAFBF/RAFA ownership; managed by RAFA. Offers care without nursing. Most rooms en-suite, many with fine views. Caters for serving and former RAF personnel and their adult dependants. Normal stay up to 2 weeks. Fees assessed according to individual circumstances. Wide range of social activities and outings.

### **FLOWERDOWN HOUSE FOR RAF ONLY**

55 Beach Road  
WESTON-SUPER-MARE  
Avon  
BS23 1BH

For bookings ring: 01934 621664

Short-term care Home in joint RAFBF/RAFA ownership; managed by RAFA. Offers care without nursing. Most rooms en-suite, many with fine views. Caters for serving and former RAF personnel and their adult dependants. Normal stay up to 2 weeks. Fees assessed according to individual circumstances. Wide range of social activities and outings.

### **RICHARD PECK HOUSE FOR RAF ONLY**

1 St Thomas Road  
LYTHAM ST ANNES  
Lancashire  
FY8 1JL

For bookings ring: 01253 725519

Short-term care Home owned and run by RAFA. Operating costs shared with RAFBF. Offers care without nursing. Most rooms en-suite, many with fine views. Caters for serving and former RAF personnel and their adult dependants. Normal stay up to 2 weeks. Fees assessed according to individual circumstances. Wide range of social activities and outings.

## ANNEX B

### HOLIDAYS FOR THE SEVERELY DISABLED

#### BRANTHWAITE NURSING HOME

Branthwaite Road  
WORKINGTON  
Cumbria CA14 4SS  
TEL: 01900 67111  
FAX: 01900 68339

#### HERTFORD HOUSE

##### (The Hertfordshire Assn for- Disabled Hotel)

11 Parkway  
CLACTON-ON-SEA  
Essex CO15 1BJ  
Tel: 01255 426682 / 01255 475994

#### MEADOWS COURT CARE HOME

West End  
Hogsthorpe  
Nr SKEGNESS  
Lincs PE24 5PA  
TEL:01754 872302  
[www.meadowscourt.net](http://www.meadowscourt.net)

#### ROXBURGH HOUSE RESIDENTIAL CARE HOME

29 Roxburgh Road  
WESTGATE ON SEA  
Kent CT8 8RX  
TEL: 01843 832022 or 07939 274872

#### ROYAL HOSPITAL FOR NEURO-DISABILITY

West Hill  
LONDON  
SW15 3SW  
Contact: Carol Groves - Commissioning  
& Placement Liaison Manager  
TEL: 020 8780 4513  
Email: [admissionsoffice@rhn.org.uk](mailto:admissionsoffice@rhn.org.uk)

#### ST MARKS COURT NURSING HOME

Park Terrace  
Waun Wen  
SWANSEA  
SA1 2BY  
TEL: 01792 644445  
FAX: 01792 48054